



The DIAdIC End-of-project Conference

(EAPC Pre-conference)

Improving quality of life and wellbeing for patients with a serious illness AND their carers

(Towards a family-centered approach to care)

The DIAdIC project, the EAPC Reference Group for Family Carers and the EAPC Reference Group for Public Health and Palliative care are organising a preconference on Wednesday 15 May before to the 13th World Research Congress of the European Association for Palliative Care (EAPC) in Barcelona (16-18 May) on the theme of patient and family oriented care.

Date: Wednesday, 15 May 2024, 09.00-17.45

Venue: Aula Magna (160 places), University of Barcelona, Gran Via de les Corts Catalanes, 585 08007 Barcelona

Organisation committee:

- DIAdIC Coordination Team*
- EAPC: Cathy Payne

Scientific committee:

- DIAdIC Coordination Team*
- Peter Hudson
- Clare Gardiner & Nick Odom (EAPC reference group family caregiving)

Aims of the conference:

- 1) To **stimulate a paradigm shift** in policymakers, professional healthcare providers and other stakeholders towards dyadic care (addressing both the patient and the caregiver as a unit of care);
- 2) To **inform** about the outputs and results of the DIAdIC project;
- 3) To **collectively create strategies** to advance the implementation of dyadic approaches to care.

Target audience

- *European and national professional bodies*
- *Researchers*
- *Policymakers (local, national and transnational)*
- *Healthcare professionals*
- *Representatives from patient/family carer advocacy groups*
- *Health insurance companies*
- *Civil society representatives*

*Conclusion: People with scientific/political/professional background who attend these conferences for new insights and networking with the **intent** to take back these insights to inform or enhance their work/policy development.*

Additional materials: We will provide all attendees with a booklet containing essential information about the DIAdIC program, including details about participating partners and hospitals, development process, and links to relevant available resources and materials.

Program

9:00 AM	Registration
10:00 AM	Welcome Speaker: Jesus Gonzalez-Barboteo (Catalan Institute of Oncology, Consultant Palliative Care Physician. Palliative Care Department)
10:15 - 11:15 AM	Setting the keynote - Joachim Cohen, DIAdIC project Coordinator, (20 minutes): Introduction: what lies ahead: describing the care needs and potential of patients with serious illness and their carers, and presentation of the conference. - María Lasierra Losada - WHO Regional Office for Europe, the Cancer team (SNI/ NCD), (20 minutes): Patient-family centered care as attention points in policy and practice. - Stecy Yghemonos – Director of EuroCarers (20 minutes): What are the challenges we would like to see addressed? What do we see as solutions?
11:15 AM - 1:00 PM	The dyadic philosophy of care - Clare Gardiner (25 minutes): Family caregiving in palliative and end of life care: challenges and policy solutions (11:15-11:40) - Nick Odom (25min): State of the Science in Interventions for Serious Illness Family Carers: How far have we come? Where do we go next? (11:40-12:05) - Laurel Northouse (25 minutes): FOCUS - a dyadic program of care: history, evidence, challenges, and lessons learned over 20 years (12:05-12:30) - Katherine Bristowe (20 minutes): But I don't have a family carer: risks, limitations and solutions in dyadic approaches of care (12:30-12:50) Q&A: 10min (12:50-1:00)
1:00 - 2:00 PM	LUNCH
2:00 - 3:15 PM	Outputs and findings from the DIAdIC project - Aline De Vleminck (20 minutes): Comparing a nurse-led face to face and a self-administered web-based dyadic intervention with standard care: development and results of the FOCUS+ and iFOCUS programs (2:00-2:20) - Suzanne Guerin (20 minutes): understanding what works, how and why in FOCUS and iFOCUS (mixed methods) (2:20-2:40)

	<ul style="list-style-type: none"> - Peter May (15 minutes): The costs and benefits FOCUS and iFOCUS: results of the economic evaluation (2:40-2:55) - Peter Hudson (10min): The effectiveness-implementation trial of a dyadic digital health intervention in Australia (FOCUSau) (2:55-3:05) <p>Q&A : 10 mins (3:05-3:15)</p>
3.15-3.30 PM	Coffee break
3.30-4.45 PM	<p>The perspective of the patient-carer dyad and the healthcare professional</p> <ul style="list-style-type: none"> - Presentation/video by a patient and/or caregiver about the meaning and impact of the FOCUS+ and iFOCUS interventions (10 min) - <i>Kevin Brazil</i> (20 minutes: meaning and impact of psychoeducation dyadic programs to nurses who delivered the FOCUS+ program) - <i>Orphé Matthys</i> (20 minutes): The implementation of a psychoeducation dyadic program in practice: a case example - <i>Vincent Van Goethem</i> (20 minutes): Promise and pitfalls of eHealth and mhealth as methods to deliver psychoeducational support to patients and their carers (discussing findings from DIAdIC and other programs) <p>Q&A: 5 minutes</p>
4:45 - 5:30 PM	<p>Panel discussion: Translating knowledge into societal change (panel will discuss different elements that were presented during the day and address a number of questions (will be provided ahead of the discussion) regarding implementation, policy, etc.)</p> <p><u>Moderator:</u> <i>Richard Harding</i></p> <p><u>Panel:</u> <i>Clare Gardiner, Laurel Northouse, María Lasierra Losada, Julie Ling (EAPC), Charles Normand (TBC), Peter Hudson, Stecy Yghemonos</i></p>
5:30-5:45PM	Closing

**Please address your questions to the DIAdIC Coordination Team:*

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