



THE DIADIC END-OF-PROJECT CONFERENCE

Improving quality of life and wellbeing for patients with a serious illness AND their carers (Towards a family-centered approach to care)

The DIAdIC project, along with the EAPC Reference Groups for Family Carers and Public Health and Palliative Care, is organizing a conference on the theme of patient- and family-oriented care on Wednesday, May 15, prior to the 13th World Research Congress of the European Association for Palliative Care (EAPC) in Barcelona.

Date: Wednesday, 15 May 2024, 09.00-17.45

Venue: Aula Magna (160 places), University of Barcelona, Gran Via de les Corts Catalanes, 585, 08007 Barcelona

Organisation committee:

- DIAdIC Coordination Team*
- EAPC: Cathy Payne

Scientific committee:

- DIAdIC Coordination Team*
- Peter Hudson
- Clare Gardiner & Nick Odom (EAPC Reference Group for Family Carers)

Aims of the conference:

- 1) To **stimulate a paradigm shift** in policymakers, professional healthcare providers and other stakeholders towards dyadic care (addressing both the patient and the caregiver as a unit of care);
- 2) To **inform** about the outputs and results of the DIAdIC project;
- 3) To **collectively create strategies** to advance the implementation of dyadic approaches to care.

Target audience:

- *European and national professional bodies*
- *Researchers*
- *Policymakers (local, national and transnational)*
- *Healthcare professionals*
- *Representatives from patient/family carer advocacy groups*
- *Health insurance companies*
- *Civil society representatives*

PROGRAM

9:00 AM	REGISTRATION
10:00 AM	<p>Welcome Speaker: Jesus Gonzalez-Barboteo (Catalan Institute of Oncology, Consultant Palliative Care Physician, Palliative Care Department)</p>
10:15 - 10:55 AM	<p>Setting the keynote - Joachim Cohen - DIAdIC project Coordinator, (20 minutes): Introduction: what lies ahead: describing the care needs and potential of patients with serious illness and their carers, and presentation of the conference. - Stecy Yghemonos – Director of EuroCarers (20 minutes): What are the challenges we would like to see addressed? What do we see as solutions?</p>
10:55 AM - 1:00 PM	<p>The dyadic philosophy of care - Clare Gardiner (25 minutes): Family caregiving in palliative and end of life care: challenges and policy solutions - Nick Odom (25min): State of the Science in Interventions for Serious Illness Family Carers: How far have we come? Where do we go next? - Laurel Northouse (25 minutes): FOCUS - a dyadic program of care: history, evidence, challenges, and lessons learned over 20 years - Katherine Bristowe (20 minutes): But I don't have a family carer: risks, limitations and solutions in dyadic approaches of care -Q&A</p>
1:00 - 2:00 PM	LUNCH
2:00 - 3:15 PM	<p>Outputs and findings from the DIAdIC project - Aline De Vleminck (20 minutes): Comparing a nurse-led face to face and a self-administered web-based dyadic intervention with standard care: development and results of the FOCUS+ and iFOCUS programs - Suzanne Guerin (20 minutes): understanding what works, how and why in FOCUS and iFOCUS - Peter May (15 minutes): The costs and benefits FOCUS and iFOCUS: results of the economic evaluation - Peter Hudson (10min): The effectiveness-implementation trial of a dyadic digital health intervention in Australia (FOCUSau) - Q&A</p>
3.15-3.30 PM	COFFEE BREAK
3.30-4.55 PM	<p>The perspective of the patient-carer dyad and the healthcare professional - Presentation by a patient and/or caregiver (20 min): The meaning and impact of the FOCUS+ and iFOCUS interventions</p>

	<ul style="list-style-type: none"> - Kevin Brazil (20 minutes): The meaning and impact of psychoeducation dyadic programs to nurses who delivered the FOCUS+ program - Ulrik Soerensen Schmidt (20 minutes): The implementation of a psychoeducation dyadic program in practice: a case example - Vincent Van Goethem (20 minutes): Promise and pitfalls of eHealth and mhealth as methods to deliver psychoeducational support to patients and their carers (discussing findings from DIAdIC and other programs) - Q&A
4:55 - 5:30 PM	<p>Panel discussion</p> <p>Translating knowledge into societal change: panel will discuss different elements that were presented during the day and address a number of questions (will be provided ahead of the discussion) regarding implementation, policy, etc.</p> <p><u>Moderator:</u> Philip Larkin <u>Panel:</u> Clare Gardiner, Laurel Northouse, Cathy Payne, Peter Hudson, <i>Jesus Gonzalez-Barboteo</i></p>
5:30-5:45PM	CLOSING

**Please address your questions to the DIAdIC Coordination Team:
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